



STEPPIN' OUT

THE ARTS, ENTERTAINMENT & EMPOWERMENT GUIDE OF THE GULF COAST

NOVEMBER 2015 • Volume 15:Issue 04

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Black Friday Special

**The Tim Williams
Project**

Special Guest
David Jones



ABOUT STEPPIN' OUT...

STEPPIN' OUT is a subsidiary of LEGACY 166 Inc., a non-profit organization with a Mission to provide Educational, Career, and Economic opportunities for Youth and the Underserved of Diverse Cultures; make available Cultural Activities for community participation; and deliver Quality of Life Skills Training through the Arts and Community Collaborations.

STEPPIN' OUT provides quality of life information to the community each month at no cost to the reader. Even though STEPPIN' OUT is not a "hard news" publication, the columns submitted by our contributors touch on subjects that address a wide range of community and cultural issues. Regular features include articles on health, history, entertainment, and finance. Articles on fashion, literature, and technology are some of the subjects that are occasionally featured.

STEPPIN' OUT and LEGACY 166 Inc. will continue to expand their roles in the community by offering internships and career training, and youth development and work opportunities. Volunteers are always needed with this mission.

STEPPIN' OUT welcomes your comments and suggestions regarding this publication.

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REFLECTIONS

BELTEGLIONS?

The Hand of a Teacher: A Thanksgiving Story

© 2004 Steve Goodier

At first it sounded like a Thanksgiving story, but the more I reflected on it, the more appropriate it seemed for any time of the year. The way I heard it, the story went like this:

Thanksgiving Day was near. The first grade teacher gave her class a fun assignment -- to draw a picture of something for which they were thankful.

Most of the class might be considered economically disadvantaged, but still many would celebrate the holiday with turkey and other traditional goodies of the season. These, the teacher thought, would be the subjects of most of her student's art. And they were.

But Douglas made a different kind of picture. Douglas was a different kind of boy. He was the teacher's true child of misery, frail and unhappy. As other children played at recess, Douglas was likely to stand close by her side. One could only guess at the pain Douglas felt behind those sad eyes. Yes, his picture was different. When asked to draw a picture of something for which he was thankful, he drew a hand. Nothing else. Just an empty hand.

His abstract image captured the imagination of his peers. Whose hand could it be? One child guessed it was the hand of a farmer, because farmers raise turkeys. Another suggested a police officer, because the police protect and care for people. Still others guessed it was the hand of God, for God feeds us. And so the discussion went -- until the teacher almost forgot the young artist himself.

When the children had gone on to other assignments, she paused at Douglas' desk, bent down, and asked him whose hand it was. The little boy looked away and murmured, "It's yours, teacher." She recalled the times she had taken his hand and walked with him here or there, as she had the other students. How often had she said, "Take my hand, Douglas, we'll go outside." Or, "Let me show you how to hold your pencil." Or, "Let's do this together." Douglas was most thankful for his teacher's hand.

Brushing aside a tear, she went on with her work.

The story speaks of more than thankfulness. It says something about teachers teaching and parents parenting and friends showing friendship, and how much it means to the Douglasses of the world. They might not always say thanks. But they'll remember the hand that reaches out.



Richardson Appointed President

Dr. Mark Heinrich, chancellor of the Alabama Community College System (ACCS) and the ACCS Board of Trustees unanimously approved the appointment of Dr. Valerie Richardson as the new president for Bishop State Community College. The appointments was announced during the Board's October meeting on the campus of Lawson State Community College in Birmingham.

Appointed Interim President at Bishop State in August of this year, Dr. Richardson formerly served as vice president of Gadsden State Community College. Just prior to going to Bishop State, Richardson served as interim president of Chattahoochee Valley Community College in Phenix City. At Gadsden State, Richardson was also responsible for the Institutional Advancement and Student Services Divisions. She held various positions at GSCC, including Vice President, Acting President in 2008 and 2011, Dean of Institutional Advancement and Community Services, Associate Dean of Student Services, and Director of Veterans Upward Bound.

Richardson earned a Bachelor of Science degree in biology and sociology and a Master of Science degree in counseling education from Jacksonville State University. She holds a doctorate in higher education administration from the University of Alabama and is also a graduate of the Alabama Community College Leadership Academy and the Thomas Lakin Institute for Mentored Leadership. ♣



Dr. Valerie Richardson

November Rabies Clinics

The Mobile County Health Department provides low cost rabies shots for cats, dogs and ferrets during weekend clinics. Here's a list of the rabies clinics planned for Saturdays during November in Mobile County:

NOVEMBER 07
12:30 pm to 2:30 pm
City of Mobile Animal Shelter
855 Owens St.

NOVEMBER 14
1:30 pm to 4:00 pm
Pet Supplies Plus
803 Hillcrest Road, Mobile

NOVEMBER 21
1:30 -3:30 pm
B&B Pet Stop
5035 Cottage Hill Road

The cost of rabies vaccine per pet is \$10, except at Pet Supplies Plus, which is \$8, all payable in cash. Our Rabies Officer has vaccinated 2,012 pets from October 2014 thru September 2015. ♣

Preservation Through Revitalization: Reviving the Traditional Arts of the Poarch Band of Creek Indians

The USA Marx Library announces the opening of a new exhibit, Preservation Through Revitalization: Reviving the Traditional Arts of the Poarch Band of Creek Indians, which will be on display through December 11, 2015. The exhibit was coordinated and organized by Robert G. Thrower, who is the Poarch Creek Tribal Historic Preservation Officer (THPO). The display offers viewers the unique opportunity to witness both the revitalization of traditional arts within the Poarch Creek Indian community and the fusion of contemporary media with traditional themes. Over the years, the Poarch Band of Creeks have offered an array of instructional classes taught by master American Indian artisans, which focus on the production of various forms of traditional Southeastern Indian arts for certified artisans within the Tribal community. The majority of the pieces contained within this exhibit reflect the variety of work produced through these classes.

Instructors provided through the Calvin McGhee Cultural Management Authority have included Margaret Baggett, Ruth Hogan, Betsy Gilbert Irwin, Melvin Manning, Jr., Jay McGirt, Doug Rogers, Whitney Smedley, Mary Smith, Wanda Sylestine, and Dan Townsend. Classes have been offered in shell carving, Historic Creek Indian clothing, Southeastern "puckertoe" moccasin manufacture, various forms of Creek basketry production, pottery, beadwork, and Southeastern patchwork. All artwork displayed within this show is the work of artisans certified under the Indian Arts and Crafts Act of 1990 (P.L. 101-644).

It is the hope of the Poarch Creeks Honorable Tribal Chair Stephanie Bryan, the Poarch Creek Tribal Council, the Calvin McGhee Cultural Management Authority, Dr. Karla Martin, Dr. Philip Carr, and THPO Robert Thrower that this exhibit will spark a renewed interest in the revitalization and continuation of the traditional arts. Through the newly formed Native American Studies Program at the University of South Alabama, in partnership with the Poarch Band of Creek Indians, this exhibit is one example of the educational opportunities that will be offered through the Native American Studies Program in the future.

The exhibit is being shown in the Mary Elizabeth and Charles Bernard Rodning Gallery of Art on the third floor of the Marx Library. The exhibition is free and open to the public during regular Library hours. Questions regarding this display may be directed to Margaret Baggett, Poarch Creek Traditional Arts Demonstrator, at 251-253-9045. ♣



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by Destinee Bolden



Fashion hot spot

The Magic of MAROON

As far as we know it, the black and white days are over. Maroon has stepped up to the fashion podium as the most coveted color for fall. September, October, November, and maybe even December, will be filled with deep hues of Maroon. This rich red color is everywhere, you can't escape the craze (and who would want to anyways). Where there is merchandise, there is maroon. This color is trending like wildfire. I've seen people who normally steer away from color, embrace this one. There's no questioning this magical hue. Maroon lipstick? Check. Maroon boots? Check. Maroon pants? Check. Maroon purse? Double check. If you've managed to get anything that even remotely resembles maroon then you're doing fall the right way. The great thing about maroon is that is sophisticated and a pop of color all in one. If you want to be classful and colorful too, this shade is for you. There is fall color that is more aesthetically pleasing, no one people are going coo coo for coco puffs over it. ❖



AFTER HOURS



JOANIE STIFF-LOVE

A graduate of Birmingham-Southern College, Stiff-Love currently works for the City of Mobile and is active in Community Theater in the Mobile area. She loves all things southern, food, and the arts.

Send article suggestions to joanie.3564@yahoo.com.

What happens when theater professors love Chekhov and have children? Well, the kids get names like Sonia, Vanya, and Masha and become the main characters in Joe Jefferson Playhouse's production of Vanya and Sonia and Masha and Spike. This off-Broadway comedy written by Christopher Durang is a surprising look at sibling rivalry at it's finest! Failure to launch brother and sister, Sonia and Vanya, have lived with mom and dad 'till they passed away, and have been supported by actress sister Masha, who's gone through 5 husbands, who's career is stalling, and now has a boy toy boyfriend named Spike. Everything comes to a head when she comes home and announces she's selling the house, leaving her brother and sister with no place to go. Running October 30 – November 15, go to www.joejeffersonplayers.com for more information and tickets.

Chickasaw Community Theater presents Murder on the Nile by Agatha Christie, a mystery involving a honeymoon cruise down the Nile where the bride ends up dead and the groom seriously wounded. Part of the fun is getting all of the clues to see if you can figure out "who done it" before it's revealed. For more info and tickets, go to www.cctshows.com.

The Crescent starts the month out with Burnt, starring Bradley Cooper as chef who's cleaned up from drug and alcohol abuse and wants to regain his status as a super chef by creating another amazing eatery. Showing November 01 – 12. They
(continued on Page 22... see AFTER HOURS)

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BLACK FRIDAY SPECIAL

NOVEMBER 27

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SHOW STARTS @7:00 PM

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So it's Thanksgiving Day. You're watching football and getting ready for that turkey, ham, dressing, sweet potato casserole, and desserts too numerous to name. You're visiting family and of course, family and friends are coming back home to visit. But, what will you do tomorrow to fill in the void before the Iron Bowl? It's Black Friday, so maybe you plan get on line at 5:00 a.m. to start Christmas Shopping! We've got something different for you... some Smooth Jazz? LEGACY 166, a non-profit organization in Mobile that benefits underprivileged children, is starting a Thanksgiving Holiday Tradition. As part of its Jazz N' Juice Music Series, LEGACY 166 will present The Tim Williams Project with Special Guest David Jones.

Tim Williams, a native of Mobile who attended Leflore High School, is a musician, vocalist, songwriter, arranger and composer. Tim received numerous all-state and county musical awards in school as a trombonist and vocalist while growing up in Mobile. He accepted a full music scholarship in voice to Alabama A & M where he began writing and composing music. He has performed with Mobile native and trombonist great Fred Wesley formerly with Parliament and James Brown. In college, Tim self taught himself how to play the bass guitar which strengthened his ability to write, arrange and compose music. Tim presently plays the bass guitar with various jazz ensembles in Atlanta, Georgia where he also writes, arranges and compose music. He has released two CDs... The Next Level and Sunny Day.

David Jones has emerged from the gulf coast of Alabama with a fresh new approach in the world of jazz. Simply classified as "soul jazz," this unique sound brings together the sounds of R&B and Soul that he grew up with and combines it with the smooth jazz vibe that he fell in love with over 20 years ago. David began singing and playing trumpet at 12 years old and quickly became known for his musical talents in his hometown of Fairfield, Alabama. After high school he accepted a music scholarship to Walker Junior College and then moved on to the University of Montevallo. After leaving college he played contemporary Christian music for the next five years. In 1999, David settled on the gulf coast in Gulf Shores, Alabama. In 2012, after a 2-year stint as worship leader at First Baptist Church of Loxley, David made the decision to begin playing "soul jazz" exclusively. After 30 years away from writing music, David sat back down at the piano and wrote eight of the ten tunes on his debut soul jazz CD "Beautiful Music." The CD is receiving rave reviews and is now available on iTunes, cdbaby and Amazon. The first two singles released, "Let The Players Play" and "Sugar Babies" have both spent time on the smooth jazz charts. The music is being played nationwide and is also very popular in the UK. He has appeared with artists Kim Scott, PJ Spraggins, Phillip Denny, Max V, Lin Soul Trumpeter Rountree, DW3 and has opened for the legendary Aaron Neville. ♣

Black Friday • Smooth Jazz • Friends & Family • See Ya At The Show! • For more information: (251) 533-5726

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www.JoinMobileChamber.com

LOCAL FLAVA

ART NEWS

MOBILE MYSTERY DINNERS

Friday, November 20, 7 p.m., Mobile Azalea Manor, 751 Dauphin Street. Mobile Mystery Dinners presents Next Of Kin. Advanced Reservations Required... Go to www.mobilemysterydinners.com.

JAZZ N' JUICE PRESENTED BY LEGACY 166

Friday, November 27, 7 p.m., Mobile Marriott Hotel, 3101 Airport Blvd. An Evening With The Tim Williams Music Project with Special Guest David Jones. Advanced tickets \$30, \$35 at the door; reserved tables of 10 available. For more information or to reserve tables call 251-533-5726. Ticket Outlets: Mobile BayKeeper (450 Government St.), Ozanam Pharmacy (109 S. Cedar St.), and Penelope's Closet (63 N. Florida St.).

MOBILE LIBRARY NEWS

CHESS CLUB

Mondays, November 2, 9, 16, 23 & 30, 4 - 5 p.m., Ages 9 - 17 Years, West Regional Branch, 5555 Grelot Road. Come enjoy the fun! Learn to play chess or improve your skills. For more information, call the Children's Department at 340-8571.
Tuesdays, November 3, 10, 17 & 24, 4 p.m., Ages 6 and Above, Ben May Main Library, 701 Government Street. Beginners and experienced players are welcome. For more information, call the Ben May Main Library Children's Department at 208-7086 or crhodes@mplonline.org.
Wednesdays, November 4, 18 & 25, 3:30 p.m., Ages 8 and Above, Toulminville Branch, 601 Stanton Rd. Mr. Ronald Reece will instruct children on how to play the game of chess. For more information, call 438-7075.
Thursdays, November 5 & 19, 4 p.m., Ages - 7 to 12, Semmes Branch, 9150 Moffett Road. Learn to play Chess! Beginners and experienced players are welcome. For more information, call 645-6840.

TEEN BOOK YAK & MOVIE SNACK

Thursday, November 5, 4 p.m., Moorers/Spring Hill Branch, 4 South McGregor Ave. The Hitchhiker's Guide to the Galaxy... Enjoy the Book - Watch the Movie! Douglas Adams' oft-adapted tale of a normal guy making his way through the universe finally makes its way to the big screen in this endearingly goofy sci-fi comedy. Arthur Dent is a very ordinary man who is having a truly unusual day -- after discovering that one of his best friends, Ford Prefect, is actually an alien. Ford tells him that the planet Earth is going to be destroyed so that otherworldly forces can make room for construction of a hyperspace bypass. Since Arthur accidentally saved Ford's life years ago, Ford does him a favor -- he first gets him a ride on a spaceship passing by, and then presents him with a guidebook that will tell a beginner everything he needs to know as he hitchhikes through outer space. The film runs 110 minutes and is rated PG. For more information, please call 470-7770 or email eenglish@mplonline.org.

FAMILY FEATURE FILM

Monday, November 9, 5:30 p.m., Toulminville Branch, 601 Stanton Rd. Insurgent-In the second film in the Divergent series Tris and Four are on the run from Jeanine Matthews while trying to figure out the secret that will help the rebels build a new and better future. The film runs 119 minutes and is rated PG-13. For more information, please call 438-7075.

AMERICAN GIRL BOOK CLUB

Tuesday, November 10, 4 - 5 p.m., Ages 7 - 12 Years, West Regional Branch, 5555 Grelot Road. Explore America through the eyes of a different American Girl from the popular book series. In addition to the book discussions, there will be activities,

crafts, and snacks. Lots to learn and opportunities to make new friends! This month's topic of discussion is Happy Birthday Samantha. Registration is required. For more information or to register, call the Children's Department at 340-8571.

A PAGE IN TIME

Tuesday, November 10, 6:30 p.m., West Regional Branch, 5555 Grelot Rd. If you love Historical Fiction this book club is for you. This month's topic of discussion is The Fever Tree by Jennifer McVeigh. For more information, please call Michele at 340-8561.

FAMILY FEATURE FILM

Thursday, November 12, 4 p.m., Semmes Branch, 9150 Moffett Road. Paul Blart Mall Cop 2-Paul Blart and his daughter Maya are in Las Vegas for a security-guard expo when a band of menacing art thieves attempts a daring heist. The film runs 94 minutes and is rated PG. For more information, call 645-6840.

EBONY MOMENTS BOOK CLUB

Thursday, November 12, 6 p.m., West Regional Branch, 5555 Grelot Rd. Ebony Moments is a book discussion designed to increase the awareness of African-American authors, both past and present, and to promote the love of reading for all. This month's topic of discussion is The Best She Ever Had by Shelly Ellis. For more information, contact Betty Kidd at 470-7766.

STAR WARS MARATHON

Saturday, November 14, 10 a.m. - 5 p.m., Ben May Main Library, 701 Government Street. Come watch the original, three Star Wars movies! For more information and schedule of screenings, please call the Ben May Main Library Children's Department at 208-7086 or crhodes@mplonline.org.

EXTRAVAGANT READERS BOOK CLUB

Saturday, November 14, 3 p.m., Toulminville Branch, 601 Stanton Rd. Topics of discussion are The Shack by William Young and And Sometimes I Wonder about You by Walter Mosley. For more information, please call 438-7075.

POETRY ENTHUSIASTS

Monday, November 16, 6 - 7:45 p.m., Toulminville Branch, 601 Stanton Rd. Join members of Spoken Word of Mobile for an evening of poetry readings. Students and adults are encouraged to share readings of their own works or works from their favorite poets. For more information, call 438-7075.

THE READER'S CHOICE BOOK CLUB

Tuesday, November 17, 1 p.m., West Regional Branch, 5555 Grelot Rd. Join us every third Tuesday for some lively book discussions and tips on what's hot and what's not in the world of books. This month's topic of discussion is The Boston Girl by Anita Diamant. For more information, please call 208-7097.

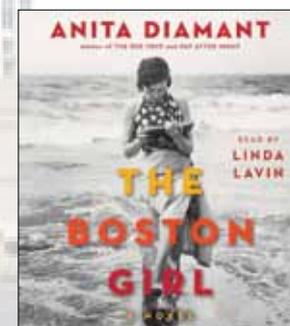
MATINEE @ THE MAIN

Thursday, November 19, 1 p.m., Bernheim Hall at the Ben May Main Library, 701 Government Street. McFarland USA-In this inspiring Disney sports drama based on actual events, Kevin Costner plays a former high-school football coach who ends up leading a cross-country track team made up of Latino students to a state championship. The film runs 128 minutes and is rated PG. For more information, call 208-7097.

BAYSIDE BOOK CLUB

Thursday, November 19, 6 p.m., Parkway Branch, 1924-B Dauphin Island Parkway. This month's topic of discussion is The Paris Wife by Paula McLain. For more information, please call Betty Fowler at 476-2600 or 208-7097.

(continued on Page 16... see FLAVA)



LEGACY 166 presents...

JAZZ N' JUICE MUSIC SERIES

An Evening With...



Special Guest
David Jones

**The Tim Williams
Project**

NOVEMBER 27, 2015

Doors Open 6:00PM • Show Starts 7:00PM

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SCHOOL FIELD TRIPS

2016

MARCH 04: **THE TORTOISE & THE HARE... The Musical**

Aesop's fable gets a fun updated twist in this musical with audience participation. Bunni Hare wins every race, so how will Thomas Tortoise compete? The famous sports reporter Howard Crow-sel will be there to call the "play by play" in this fantastic fable with an ANTI-BULLYING message.

Literature • Theatre • Music • Audience Participation • Character Education —GRADES K-5
❖ **\$5⁰⁰ ADMISSION** ❖



MARCH 25 **QUEEN BESS: The Story of Bessie Coleman**

Born to sharecroppers, Bessie Coleman heard stories from pilots returning home from World War I about flying during the war. She learned to fly in a biplane and became the first woman to earn an international aviation license and the first woman of African-American descent to earn an aviation pilot's license, in 1921. She became a Barnstormer (Stunt Pilot) and quickly gained a reputation as a skilled and daring pilot who would stop at nothing to complete a difficult stunt.

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LEGACY 166



ACE Series 2016
ARTS • CULTURE • EDUCATION

February 27

DAR HE: The Story of Emmett Till

Mike Wiley Productions

In 1955, a 14-year-old black Chicago youth traveled to the Mississippi Delta with country kinfolk and southern cooking on his mind. He walked off the train and into a world he could never understand — a world of thick color lines, hard-held class systems and unspeakable taboos. **Performance by MIKE WILEY.**

March 26

QUEEN BESS: The Story of Bessie Coleman

Born to sharecroppers, Bessie Coleman heard stories from pilots returning home from World War I about flying during the war. She learned to fly in a biplane and became the first woman to earn an international aviation license and the first woman of African-American descent to earn an aviation pilot's license, in 1921. She became a Barnstormer (Stunt Pilot) and quickly gained a reputation as a skilled and daring pilot who would stop at nothing to complete a difficult stunt. **Performance by SHERRIE TOLLIVER.**

June 18

The True Story of Huey P. Newton: Revolutionary, Political Activist, PhD

Huey P. Newton, co-founder of the Black Panther Party, endured jail, police harassment, and drug addiction while serving as Minister of Defense of the Party. While many know the story of Newton and the Party's armed resistance during that turbulent period, few know the story of the programs introduced by the panthers to feed, clothe, educate, and provide healthcare services to their community. **Performance of ALTON LANDRY.**

For More Information Call: 251.533.5726 -or- EMail: legacycenter166@aol.com

COOPER
FOUNDATION

STEPPIN' OUT
THE ARTS, ENTERTAINMENT & EMPOWERMENT GUIDE OF THE GULF COAST

TAKING MOBILE TO THE NEXT LEVEL



Memphis Vaughan Jr.

A native Mobilian and editor of literary website, TimBookTu.com

Feedback can be sent to: mempv57@gmail.com

Keep Stepping Forward

Mobile always seems to take a few steps forward and then several steps backwards. Recently, one of Mobile's most popular annual events was unexpectedly canceled just days before this year's performances were slated to occur. This was reminiscent of another step backwards when the cruise ship, that from all indications was doing well, left the city high and dry and in debt. With the abrupt demise of BayFest, it appears that the city has taken another big step backwards. However, the free Ten Sixty Five Music Festival quickly emerged to fill the void that BayFest left in its wake and may ultimately become an adequate replacement. The point to be made is that Mobile must work hard to sustain what it already has as it continues to pursue new endeavors.

A lot of effort, time and money is spent recruiting new businesses and activities to the area. However, once we have new businesses and activities on board, what are we doing to sustain them? What are we doing to help existing businesses and events maintain their viability? Are we providing the appropriate incentives and support to help them maintain their success?

These are just a few questions that can be posed to everyone from the city leadership to the business community to the general public. Each group plays an important role in ensuring that Mobile thrives. The city leadership should champion ways to help businesses be more successful, minimize governmental bureaucracy and establish a climate where businesses provide quality goods and services to its consumers. City leadership should ensure that they help each small business that is already here just as much as they work to bring new businesses into the city. The business and professional community should have a role in supporting each other in the quest to have a prosperous and long-term existence. Finally, the public should support deserving businesses with their patronage and dollars to ensure that we maintain the business entities that we need and desire.

Mobile can flourish and be competitive with others cities across the nation. If we nourish and support our businesses, we can become a more vibrant and thriving community. There would be less desire for our young people to move away to other places that offer greater job opportunities, more things to do and more people with similar interests. We can be a progressive city and still retain the quality of life, uniqueness and environment that makes Mobile a good city to live in today. My call to action is always to support what we have, to urge leadership to be proactive, and to encourage everyone to work together for the greater good to ensure that we don't take steps backwards when we should be stepping forward. ♣

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Dickinson and Dean Join UCP

ADDITIONS TO HELP PROMOTE THE AGENCY'S EVENTS AND MISSION IN SOUTH ALABAMA

Melissa Dickinson and Wayne Dean have recently joined United Cerebral Palsy (UCP) of Mobile as its new Special Events Coordinators planning and executing a variety of fundraising events to support the mission of UCP along the Gulf Coast.

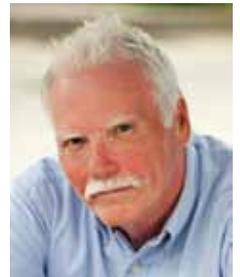
A native Mobilian, Dickinson graduated in 2004 with a BS in Sport and Special Event Marketing from the University of South Alabama's Mitchell College of Business. Following graduation, she began a career in the non-profit arena at the University of South Alabama Office of Development and Alumni Relations and later with a local K-12 private school. She has always enjoyed volunteering her time with non-profits in our area including past service on the founding Board for the United Way Young Leader's Society.

Also a native Mobilian, Dean, a graduate of the University of Alabama, brings a wide range of expertise to UCP having background in communications, marketing, development, public relations and special events with public, private and non-profit organizations. Recognized as the greatest living authority on Mobile's pre-Lenten Carnival he has authored nine books with two works in progress and has personified Chief Slacabamorinico since 1985. He is a S.A.G. (Screen Actors Guild) Eligible actor having appeared in 30+ motion pictures, recently as the Photo/Body Double for legendary actor Burt Reynolds. A retired United Methodist pastor, he along with his wife Doris, oversees Lord of the Dance Ministries in Mobile. Dean also serves on the History Museum of Mobile's Board.

For more information, please contact Wayne Dean at 251.479.4900 or via e-mail at wdean@ucpmobile.org. ♣



Melissa Dickinson



Wayne Dean

MCA to Honor Community Leaders During Annual Banquet

Mobile Community Action Inc. will hold its 2nd Community Achievement Award Banquet and Fundraiser on November 19, 2015, 7:00 p.m. at the Battle House Hotel and Spa in downtown Mobile. The event will honor individuals who have provided notable services or programs that benefit the community. Catherine "CatheB" Barlow of Cumulus Broadcasting will serve as emcee of the event. Ms. Barlow serves as program and music director of Cumulus' radio station WDLT 104.1. MCA 2015 Community Achievement Award recipients are: Rev. Sylvester Adams, Felecia Albritton, Ruby Allen, Kara Bolling, John Eads, Linda English-Burse, Kenneth Fairley, Michael Fisher, Hazel Fournier, Judge James Holmes-Whiddon. Pastor Rick Hesley, Angelia Lewis, Mary McAdams, Diane McCaskey, Newethel Parson, Louis Payne, Rose Pugh, Dianne Steele, Dr. Cynthia Washington, and Mary Zoughby. ♣

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MARCIE MCNEAL
DIGITAL MEDIA SUPERVISOR
Telecommunications
Mobile County Public School System



A New Resource Portal for Parents



In The Headlines:



Mobile County Public Schools has partnered with Connect with Kids to develop a parent resource website which offers video and print resources to improve the lives of students and families. Please take the time to explore the site, found on mcpss.com, and find resources on the life skills that will help you and your student achieve and succeed! Watch hundreds of videos, provided in English and Spanish, to help families and students tackle issues like academic achievement, bullying prevention, character development, drug and alcohol prevention, health and wellness, and much more.

The site can be accessed in more than 60 languages. To get started, visit mcpss.com. Click on [Our Parents](#) and then [Parent Resources](#) at the top of the screen. Click [Sign Up](#) to create your Username and Password. Complete the Registration Form and include the Organization Code provided to you. Once you have created your Username and Password, you can return to the site and [LOGIN](#) anytime, day or night.

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JAMS PLUS MEDIA

SEPTEMBER 10-13

LOCK'N – INTERLOCKING MUSIC FESTIVAL

Oak Ridge Farm • Arrington, VA

Written by Robbey Pye • Photos by Joey Pye



Arrington, Virginia hosted the Lock'n Music Festival from September 11 to 13. From what I have heard and now experienced, there is not much to do in Arrington, but Lock'n brings a pretty large crowd. The venue is a huge piece of land with limited trees and a horse track surrounding the main stages. This makes up a pretty neat spot to run a festival, due to the leeway the staff in charge has to organize. Unfortunately, the weather cannot be organized by the staff and the conditions were rough, although they adjusted to them very well. The first day was cancelled, the next day got rainy at night, and the last day was cold (maybe just because I'm from Florida, but I was freezing)! As you could imagine, this led to some exciting camping scenarios. With that being said, this truly was an unbeatable festival, because the music was incredible. The security and staff did a great job. Everyone was nice and polite and helpful with any questions I had. The vendors had some quality products available, from the food and beverages to the posters and such, for a quality festival. I was also impressed with the taxis; every time I needed a ride there was one close by, which was a life-saver at times. Aside from the music itself though, the best part to me was the variety of the stages. The organization behind who played at what stage and the time was on point. This really sank in for me when I thought the first night was pretty much over after the last set on the main stage, just to experience Mickey Hart and

Umphey's McGee separate after parties with their own light shows. It was epic. Nothing beats the music selection as a whole though at Lock'n. The best way I describe Lock'n to others is that it cannot be looked at and categorized by genres or anything else other than, in my opinion, just simply picking the best live performances, covering many varieties of music.

The absolute worst part of the festival was trying to pick out what shows you had to miss out on, sometimes because something else would be going on or just to simply rest your body. It is reasonable though, considering each day had 12+ hours of music. Day one set the tone high with the rescheduled Doobie Incident starting off the series of events. The late shows were Mad Dogs & Englishmen with Tedeschi Trucks Band and Jefferson Airplane with Bill Kreutzmann, all which contained some great jams. Personally my favorite was the North Mississippi Allstars show and the after show sets! North Mississippi Allstars busted out the washboard, which brought some fun vibes and topped it off by marching through the crowd in a drum line. One of my favorite performances of the show was "Psychedelic Sex Machine"; it was my first time seeing them and they could jam. The after shows on this night were Mickey Hart at the Woods stage and Umphey's McGee at the Blue Ridge Bowl. You physically could not catch all of both, but both were absolutely amazing based on what I saw and

*(continued on Next Page... see **LOCK'N**)*

REVIEWS • REVIEWS

JAMS PLUS MEDIA

LOCK'N (continued)

heard from others. Umphrey's really knows how to jam out in all sorts of directions, I love it. They are very exciting, and there is honestly no telling what they will throw at you for your entertainment. Cannot forget the weather here either, it started pouring during the Umphrey's show. The crowd just seemed to soak it in and literally not miss a beat though.

Day two, which again started off with a killer side show of Melvin Seals and JGB at the Blue Ridge Bowl, was a great "sit-in day" for the later shows. There were just legends and other fantastic musicians coming together and playing with each other all night. One of the highlights in regard to this was Widespread Panic playing with Jimmy Cliff, which factored in a unique reggae spin to your typical Panic southern rock. This was followed by Billy and the Kids with Bob Weir, which is always epic to see members of the dead reunite. The final set of day two, was most likely the most exciting part of Lock'n was the Phil Lesh and Friends set with guests Warren Haynes and Carlos Santana. It just did not seem like there was ever a second of down time regarding one of them shredding the guitar. My favorite personally was when these three performed "Fire on the Mountain". A close second to that was the Gov't Mule show at the Blue Ridge Bowl afterwards. They had a fantastic ending with Doors cover "When the Music's Over". Other than being the last day, day three was easier to decide on shows, considering there were only nine total while the others had thirteen. Needless to say though, the staff picked nine great shows. A close second of my favorite performances was Keller Williams Grateful Gospel Sunday morning. To me it seemed like the most exciting church service I've experienced, with some classic Dead covers.

(continued on Page 22... see LOCK'N)



REVIEWS • REVIEWS

THIS THANKSGIVING DAY...

share the holiday with us



Thanksgiving Brunch

- Crab Bisque • Fall Garden Salad Bar
- Omelet Station Bacon • Sausage • Cajun Fried Turkey •
- Giblet Gravy • Corn Bread Dressing • Glazed Ham •
- Macaroni & Cheese • Sweet Potatoes With Toasted Meringue •
- Classic Green Bean Casserole • Roasted Brussels Sprouts •
- Pumpkin Pie • Bourbon Pecan Pie • Bread Pudding •

Adults: \$35

Seniors: \$28

Children Ages 6-12: \$20

Ages 5 & Under Free

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TRANSITIONING BASICS

Tanene Jackson—Owner of Locs of Soul (www.locsofsoul.com), a natural hair salon and barber shop in Mobile, AL. She is also the organizer to the Mobile Natural Hair and Wellness Expo. You can be reach Tanene via Facebook... Locs of Soul and/or email... curiosity4_u@yahoo.com.



Tanene Jackson
LOCS OF SOUL

The Importance of Vitamins

With so many supplements out here today, it is easy to get caught up in the confusion of what's good and what's bogus. People are becoming sicker and experiencing hair loss due to a lack of vitamins and/or minerals. Vitamins and minerals are the nutrients that feed our cellular structure. There are several "jobs" vitamins and minerals do to maintain the body. Some of these functions are maintaining a strong immune system, maintaining bone structure, supporting red blood cells, maintaining brain function, supplying energy, helping with digestion, and supporting the nervous system. Without vitamins and minerals, we would literally be in a world of trouble.

Most nutrients can be found in food sources. However, without a balanced diet or food source, supplementation may be needed.

Now how does this all tie into your hair? Well, hair is like a barometer to what is going on inside the body. If you are lacking in a vitamin or mineral, on medications, stressed, experiencing a hormonal imbalance, or experiencing extreme dietary changes it can affect your hair. In some cases the pigment (color) of your hair may change. In other cases, there may be thinning or hair loss. Although the first thing we think when we see hair loss is genetics, some things are not of the hereditary nature.

Here are several vitamins/minerals that are important to having a healthy body as well as a healthy head of hair: (Please note: THIS IS NOT A COMPLETE LIST OF VITAMINS AND MINERALS)

- **IRON** – Carries oxygen to parts of the body via red blood cells. It is found in leafy green veggies, shellfish, poultry, and meats.
- **IODINE** – Supports the making of thyroid hormones. Iodine is found in iodized salt, sea salt, kelp, seaweed, and some seafood.
- **VITAMIN K** – Helps blood clot and maintains bone health. Vitamin K can be found in leafy green vegetables, olive, soybean, and canola oils.
- **VITAMIN D** – Maintains immune system function, as well healthy bones and processes Calcium. Vitamin D can be found in salmon, cereal, and dairy products. You can also get vitamin D from sunlight.
- **THE B VITAMINS (B1, B2, B3, B6, B12)** - Each have there own function(s), ranging from supporting the digestive system, cellular communication, processing of proteins and carbohydrates, changing food into energy, and supports the nervous system. This complex vitamin can be found in foods such as poultry, pasta, seafood, bananas, whole grains, nuts, dairy, and meat.
- **BIOTIN** - Is an enzyme that is needed for energy metabolism. It is produced in the intestinal tract, but can also be found in foods. Foods high in biotin are almonds, whole grains, eggs, milk, and meat.
- **VITAMIN A** – Also known as beta-carotene, this vitamin is needed of healthy skin and mucous membranes, vision, immune system health, as well as tooth and bone growth. This vitamin is found in dairy, poultry, leafy green vegetables, dark orange fruits (apricots, cantaloupes), squash, and live. ♣

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2015 FOOTBALL SCHEDULES

ALL HOME GAMES ARE CAPITALIZED

NEW ORLEANS SAINTS

N. 01	N.Y. GIANTS.....	Noon	D. 06	CAROLINA	Noon
N. 08	TENNESSEE	Noon	D. 13	at Tampa	Noon
N. 15	at Washington.....	Noon	D. 21	DETROIT	7:30 pm
N. 22	BYE		D. 27	JACKSONVILLE.....	Noon
N. 29	at Houston	7:30 pm	J. 03	at Atlanta.....	Noon

COLLEGIATE GAMES

SOUTH ALABAMA

N. 07	IDAHO	TBA
N. 12	LOUISIANA-LAFAYETTE	6:30 pm
N. 21	at Georgia State	TBA
N. 28	at Georgia Southern	TBA
D. 05	APPALACHIAN STATE	TBA

ALABAMA

N. 07	LSU.....	TBA
N. 14	at Mississippi State	TBA
N. 21	CHARLESTON S'THERN	TBA
N. 28	at Auburn.....	TBA

ALABAMA A&M

N. 07	MISS. VALLEY STATE	1:00 pm
N. 14	at Southern.....	4:00 pm
N. 21	at Alcorn State	2:00 pm
N. 28	TEXAS SOUTHERN.....	1:00 pm

AUBURN

N. 07	at Texas A&M.....	TBA
N. 14	GEORGIA.....	TBA
N. 21	IDAHO	TBA
N. 28	ALABAMA.....	TBA

ALABAMA STATE

N. 07	at Jackson State.....	6:00 pm
N. 14	PRAIRIE VIEW A&M	2:00 pm
N. 21	MILES	2:00 pm

JACKSONVILLE STATE

N. 07	at Eastern Illinois	1:00 pm
N. 14	SOUTHEAST MISSOURI	1:00 pm
N. 21	MURRAY STATE	1:00 pm

MILES

N. 07	at Tuskegee	1:00 pm
N. 21	at Alabama State	2:00 pm

NORTH ALABAMA

N. 07	at Shorter	12:30 pm
N. 14	WEST ALABAMA	1:30 pm

SAMFORD

N. 07	CLARK ATLANTA	2:00 pm
N. 14	at Wofford.....	TBA
N. 21	at Mercer.....	TBA

SOUTHERN MISSISSIPPI

N. 07	OPEN	
N. 14	at Rice	2:30 pm
N. 21	OLD DOMINION	2:30 pm
N. 28	at Louisiana Tech	TBA

STILLMAN

N. 07	at Kentucky State.....	12:00 pm
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TROY

N. 07	LOUISIANA MONROE	TBA
N. 14	GEORGIA SOUTHERN	TBA
N. 27	at Georgia State	TBA
D. 05	at Louisiana Lafayette	TBA

TUSKEGEE

N. 07	MILES	1:00 pm
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WEST ALABAMA

N. 07	MISS. COLLEGE	2:00 pm
N. 14	at North Alabama	1:30 pm



FLAVA (continued from Page 06)

MOVIE TIME WITH MR. BUTCH

Friday, November 20, 4 p.m., Moorer/Spring Hill Branch, 4 South McGregor Ave. The feature is Pocohontas. The film runs 85 minutes and is G. For more information, please call 470-7770 or email ftigner@mplonline.org.

SPOKEN WORD OF MOBILE-OPEN HOUSE 2015

Saturday, November 21, 2 - 5 p.m., Toulminville Branch, 601 Stanton Rd. Join members of Spoken Word of Mobile for a special Open House! Meet and greet other poets, writers and artists. Share your work and ideas, trade business cards, or just sit back and enjoy the beauty of the spoken and written word, and the visuals arts. Registration is encouraged but is not required to attend. For more information or to register, please call 438-7075.

SATURDAY MATINEE

Saturday November 21, 2 p.m., Saraland Public Library, 111 Saraland Loop. Inside Out-Young Riley was perfectly content with her life when her father landed a new job in San Francisco, and the family moved across the country. Now, as Riley prepares to navigate a new city and attend a new school, her emotional headquarters becomes a hot bed of activity. The film runs 102 minutes and is rated PG. For more information, please call 675-2879.

CLASSICS REVISITED BOOK CLUB

Monday, November 30, 6:30 p.m., Ben May Main Library, 701 Government Street. Join us the last Monday of the month for some lively book discussions on some of our favorite classics. This month's topics of discussion are To Kill a Mockingbird and Go Set a Watchman by Harper Lee. For more information, please call 208-7902.

For information on these and other events, visit the web site at www.mplonline.org

PRICHARD LIBRARY NEWS

FRIDAY VIDEOS • 12:00-1:00 PM • AGES 3-13 YEARS OLD

NOVEMBER 06 - Video: *Rugrats Runaway Reptar*

When good dinosaurs turn bad... who is that fire-breathing behemoth smushing Tokyo like it's made of toothpicks. It's the rugrats own reptilian hero, reptar who will save humanity from aliens, giant cockroaches.

NOVEMBER 13 - Video: *Veggie Tales "Madame Blueberry"* - let your kids spend a little time madame blueberry and the rest of the veggies and they'll learn that "being greedy makes you grumpy-but a thankful heart is a happy heart!"

NOVEMBER 20 - Video: *Rugrats Thanksgiving* - It's thanksgiving at the pickles house. Everyone has gathered to join in the holiday tradition of nonstop tv football, and bickering among family and friends.



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The Real Enemy

The Inner Me

by A. D. McKinley



Who is your real enemy? Answer: YOU!

The challenge for most people is admitting that something is wrong or it could be one's own fault, and that is very important to understand that no one should have to live their life in the shadow of hurt, lies and secrets. This is your enemy that you are fighting daily.

We all have challenges, harshness and unruly imperfect background filled with lies, contradiction and manipulation as well as abuse both mentally and physically. It is important that YOU discover your worth and STOP blaming others and forgive. It is important to identify the cause and possible solution is essential to preventing negativity from occurring through a personal entire life. Now is the time for you to let go of the conditions that are hurting both mentally and physically.

This is my favorite statement that I live by: the condition of life doesn't mean it is the result of my destiny. This statement implies that, Yes we are have learned some good and bad things about life but it does not define us and that we have control of our life along with faith and work with confidence within SELF. You have to change your perceive of yourself in order to CHANGE your MIND. It is imperative to identify situations that occur and I hope to give you suggestions for how to overcome those obstacles. It is my opinion and I understand that I am reiterating thoughts you already know you should be doing to better yourself.

As a columnist and writer I want to attempt to give YOU the reader some suggestions that may help identifying hurtful or misleading experiences and introduce a positive outlook and how to possibly prevent negativity from occurring. Also, it's important to realize that we all make mistakes, but to keep doing it over and over again is a form of insanity. Please move out of your own way, let the past be the past and have confidence in yourself and become your Great. ♣

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Smooth Jazz and Jingle Bells return to the Emerald Coast with A Peter White Christmas featuring Rick Braun and Mindi Abair. This annual holiday event blends smooth jazz and holiday music for a great night of entertainment the whole family will love.

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Ruth's Thrift & Gifts

Owner Ruth Pettaway is following her dream; "I always wanted to own my own business," she said. "Even when I was growing up in Georgetown, Georgia." She moved to Mobile in 1981 and retired from the Department of Human Resources after 38 years and 11 months. Her store has "Gently Used" and new clothing for children, women and men. She stocks hats, purses, shoes, jewelry, and Avon products. "I am going to create an Out of Africa Corner in the store and you know I have a supply of What Nots and Knick Knacks," she said.

The store had a soft opening on February 16, but the Grand Opening is on November 21. There will be give-a-ways, door prize drawings, and refreshments from 10 a.m. to 6 p.m. The store has a Facebook Page, Ruth's Thrift & Gift, and she can be emailed at ruthpettaway@hotmail.com. The store is opened everyday except Wednesdays and Sundays. ♣



Minnesota Based Band Making a Splash

Meet one of the finest Vocal Groups to ever originate from the State of Minnesota ... A K A. When one thinks of Minneapolis music ... Prince, The Time and the Sounds of Blackness may come to mind. However, throughout most of the 1970's a Vocal Group called the Valdons was known for string of R&B hits as well.

A K A is a three member Vocal Group formerly known as the Valdons who later changed their name to Philadelphia Story. The original Valdons consisted of long-time friends William Clark, Clifton Curtis, Maurice Young and Monroe Wright. The quartet began refining their vocal harmonies while serving in the United States Military and the foursome has remained close friends over the years.

The original group was backed by a nine piece band known as the Navajo Train. The Valdons became known throughout the Mid-West and was one of the most sought after Vocal Groups in the region before changing their name to the Philadelphia Story.

In the early 70's the group, still known as Philadelphia Story, signed with the record company Scepter/Wand. Their release of "You are the Song" and "If you lived Here" were Hot Hit Singles and soon climbed the R&B Charts. It was the 1976 release of the singles "People Users" and "Gotta Get Back" that kept the Philadelphia Story touring throughout the eighties and nineties.

It was early 2010 when the group negotiated a deal with Secret Stash Records. The record company was working on what would eventually become the company's biggest release ... a compilation CD. The CD was billed as Twin Cities Funk and Soul Compilation: "The Lost R&B Grooves from Minneapolis/St. Paul 1964 - 1979". The CD release led to a new demand and for the group and a major tour soon followed.

A K A ... as the group is now known, has either performed with or opened shows for Edwin Starr, Aretha Franklin, The Spinners, O.C. Smith, Graham Central Station, Sister Sledge, The Whispers, and Larry Graham to name a few.

A K A currently resides in Minneapolis, Minnesota where they continue to perform and tour throughout the Mid-West. The group is in the process of recording an up-coming CD titled "Thirsty". Both the single and the Video are receiving great reviews. For additional information concerning bookings please contact prldy.simmons@gmail.com or call (251)490-0575. ♣



CALENDAR

November 2015

MOBILE

BALLET

MOBILE BALLET: Snow White-Saenger, 11/7-8

CONCERTS

Dan Bern-Satori Coffee House, 11/2
Old Dominion-Midnight Rodeo, 11/5
Filabusta-Soul Kitchen, 11/6
Fantasia, Lyfe Jennings, Tucka, Rickey Smiley-Civic Center, 11/7
The Hip Abduction-Calaghan's, 11/13
Nephew Tommy, B Phlat, JJ Williamson, Mark Viera -Saenger, 11/13
Big Al & The Heavyweights-Blues Tavern, 11/21
The Tim Williams Music Project, David Jones-Mobile Marriott Hotel, 11/27

FAMILY SHOWS

Tween Stars Live-Civic Center, 11/14

FESTIVALS

MOBILE INTERNATIONAL FESTIVAL- Civic Center, 11/21

MUSEUMS

—Exploream

Hands on Hall; ON-GOING
Minds on Hall; ON-GOING
Science Lab (Ciba Lab); ON-GOING
Wharf Wonder; ON-GOING

—Fort Conde

Historic Fort: Founded in 1702,
Moved to Mobile in 1711; ON-GOING

—Museum of Art

Material Imaginings, ON-GOING

—Museum of Mobile

Old Ways, New Days Part I & II, ON-GOING
Walls and Halls, ON-GOING
CSS Alabama Cannon, ON-GOING

—Phoenix Fire Museum

Steam Engines, Motorized Vehicles, Gallery; ON-GOING

SPORTS

—College Football

Jags vs. Idaho-Ladd Stadium, 11/7
Jags vs. Louisiana Lafayette-Ladd Stadium, 11/12

SYMPHONY

Mobile Youth Symphony-Saenger, 11/8
Mobile Symphony-Saenger, 11/21-22

ATLANTA

CONCERTS

The Tenors-Woodruff Arts Centre, 11/1
Great White, Slaughter, Kix, Kip Winger-North Atlanta Trade Center, 11/6
Wanda Sykes-Cobb Arts Centre, 11/6
Taylor Williamson, Emily West, Kristef Brothers, Recycled Percussion, Blue Journey, Smoothini-Cobb Arts Centre, 11/7
Christian McBride Trio-Spivey Hall, 11/7
Autograph, Femme Fatale, Britny Fox, Lynch Mob, Warrant, Tom Kiefer-North Atlanta Trade Center, 11/7
Tim McGraw, Rascal Flatts, Chris Janson, Chase Bryant, Raelyn Nelson-Verizon Amphitheater, 11/7
War-Variety Playhouse, 11/7
Fourplay, Dianne Reeves-Cobb Arts Centre, 11/12
Kem, Tamar Braxton-Fox Theatre, 11/12
Straight No Chaser-Fox Theatre, 11/13
Judy Collins-Variety Playhouse, 11/13
Galactic-Variety Playhouse, 11/14
Mavis Staples, Joan Osborne-Ferst Centre, 11/18
Leon Russell-The 120 Tavern & Music Hall, 11/19
Joe Bonamassa-Fox Theatre, 11/20-21
Kenny G-Buckhead Theatre, 11/21
Gwar, Born of Osiris, Battlecross-The Masquerade, 11/25
Ciara-Center Stage Theatre, 11/27
The Tenors-Woodruff Arts Centre-Eddie's Attic, 11/27-28

BILOXI

CONCERTS

Saliva-Kress Live, 11/12
Sammy Hagar And The Circle-IP Casino, Resort and Spa, 11/13
The Oak Ridge Boys-Golden Nugget, 11/14
Creedence Clearwater Revisited-IP Casino, Resort & Spa, 11/20
The Charlie Daniels Band-IP Casino, Resort & Spa, 11/21
Boosie Badazz-Kress Live, 11/26
Lil Wayne, Jeezy, Dufflebag Trizzy, Sippi Boi Noy-Coast Coliseum, 11/28

BIRMINGHAM

CONCERTS

Galactic, Yo Mama's Big Fat Booty Band-WorkPlay Theatre, 11/11
The Robert Cray Band-Iron City, 11/11
St. Paul And The Broken Bones, Seratones, Sean Rowe -Alabama Theatre, 11/19-20
Smokey Robinson-Alabama Theatre, 11/21

DAPHNE

CONCERTS

Flow Tribe-Manci's Antique Club, 11/13

FAIRHOPE

CONCERTS

The Revivalist-Weeks Bay Plantation, 11/22

NEW ORLEANS

CONCERTS

Raheem DeVaughn, Leela James, V Bozeman-The House of Blues, 11/5
Taylor Williamson, Emily West, Kristef Brothers, Recycled Percussion, Blue Journey, Smoothini-Saenger, 11/8
Diana Krall-Saenger, 11/12
Gwar, Born of Osiris, Battlecross-The House of Blues, 11/19
Jerry Seinfeld-Saenger, 11/20
Musiq Soulchild, Chrisette Michelle-Xavier University, 11/20
Betty Wright, Tucka-Lakefront Arena, 11/21
Cowboy Mouth-Smoothie King Center, 11/21
Joe Bonamassa-Saenger, 11/24
Jeezy-The House of Blues, 11/27
Rick Ross, Yo Gotti-Lakefront Arena, 11/28

FAMILY SHOWS

Sesame Street Live-Lakefront Arena, 11/6-8

FESTIVALS

VOODOO EXPERIENCE- Zac Brown Band, Deadmau5, Chance The Rapper, Eric Prydz, Slightly Stoopid, Third

Eye Blind, The Cult, Tchami, Bro Safari, Fishbone, Title Fight, Dumpstaphunk, Elliphant, Mija, The Temperance Movement, Here Come The Mummies, July Talk, Rozzi Crane, Quickie Mart, Tysson, Baby Bee, The Ludlow Thieves-City Park, 11/1

FESTIVAL OF PRAISE- Fred Hammond, Donnie McClurkin,

Kim Burrell, Isaac Carree, Jessica Reedy, Zacardi Cortez, Marcus Wiley, Isaral Houghton-Lakefront Arena, 11/25

PRO FOOTBALL

Saints vs. New York Giants-Superdome, 11/1
Saints vs. Tennessee Titans-Superdome, 11/8

OCEAN SPRINGS

CONCERTS

Big Al & The Heavyweights-Murky Waters, 11/7

PENSACOLA

CONCERTS

Desaparecidos, The So So Glos, The Banddroidz-Vinyl Music Hall, 11/1
Lapwagon, Riverboat Gamblers-Vinyl Music Hall, 11/2
Leftover Salmon-Vinyl Music Hall, 11/4
Cannibal Corpse, Cattle Decapitation-Vinyl Music Hall, 11/6
SuicideGirls-Vinyl Music Hall, 11/7
The Mowgli's, Phases-Vinyl Music Hall, 11/10
Whitey Morgan-Vinyl Music Hall, 11/11
Author & Punisher, Muscle And Marrow-The Handlebar, 11/12
The Hip Abduction-World of Beer, 11/14
Pensacola Civic Band-Saenger, 11/14
Cowboy Mouth-Vinyl Music Hall, 11/21
The Revivalist-Vinyl Music Hall, 11/27

SYMPHONY

Pensacola Symphony-Saenger, 11/7

SILVERHILL

CONCERTS

Willie Sugarcapps-Blue Moon Farm, 11/1



Ask Flo!



DEAR FLO:

I recently met a gentleman that I am interested in getting to know better. The problem is he wants to reveal his past missteps and wrong doings toward woman in almost every conversation. The discussion makes me feel uncomfortable. Do you think he is trying to warn me?

-So Single

DEAR SO SINGLE:

I understand how discussing past mistakes as the introduction to a relationship can make you feel uncomfortable. Most people would say this was a huge mistake. There could be several reasons why he is revealing his soul to you so early. One reason could be that he honestly wants to tell you before you hear it in the street. He may be very interested in you and doesn't want to let his past keep him from his future. The other reason is the complete opposite; he could be testing the waters to see if you will bite. Divulging uncomfortable information to gauge your reaction is a tactic often used by manipulators. You have not given me enough information to tell you which way I think this guy is leaning. I will encourage you, if you are truly interested, to give him the space to reveal himself and his intentions. Get to know him, but don't allow yourself to make any permanent decisions (sex, meeting the family, revealing too much personal information, etc.). The truth is dating (meeting in public places) and conversing might reveal a great friend or just a passing interest. ❖

DO YOU HAVE QUESTIONS FOR FLO?
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FUSE PROJECT Launches Afterschool Initiative at Pillans School



Fuse Project plans to launch their afterschool initiative at Pillans Middle School this fall. This will be the second year that a Mobile County Public Middle School has had the opportunity, due to funding by Fuse Project, to facilitate an Alternative Night School Program. This initiative was designed by Fuse Project to help local middle school students who were experiencing difficulty adjusting to the structure of a normal school day. The goal of this program was to reduce the number of discipline infractions and out-of-school suspensions by providing an alternative pathway for success. Upon entering the Afterschool Initiative most students were failing at least one of their classes. During the course of the school year most students showed improvement in their grades. These afterschool programs have been directly funded by Fuse Project from the monies that were raised at their Dragon Boat Festivals in June.

In the program's previous year, Scarborough Middle School was the recipient of the grant and the Afterschool Initiative commenced September 2014 and ended in June 2015. All 23 students who were assigned to the program were successfully promoted to their next grade. Additionally, comparative discipline data indicates a reduction in both the number of infractions and the number of out-of-school suspension days as a direct result of this program. According to the report, Scarborough had a total of 1,797 disciplinary infractions and a total of 434 out-of-school suspension days in the 2013-2014 school year. The same reports indicate that Scarborough had a total of 1,415 discipline infractions and a total of 341 out-of-school suspensions in the 2014-2015 school year. This represents a 21% decline in the number of discipline infractions and a 21% decline in the number of out-of-school suspensions.

According to Brie Zarzour, Co-founder and Treasurer + Secretary of the Board, "We are thrilled at the success of the Afterschool Initiative, Fuse Project invests in specific projects that directly impact children's lives, and this is a prime example. We are excited that Scarborough Middle plans to continue this unique and impactful program, and that Fuse Project is able to bring the same program to Pillans Middle School with the funds raised by this year's Dragon Boat Festival."

In 2015, Fuse Project successfully raised over \$151,000 in conjunction with their second annual Dragon Boat Festival alone. The funds raised from the event have been allotted to specific projects for underprivileged children in the Mobile County Public School System, Big Brothers Big Sisters of South Alabama, Prichard Preparatory School, Soccer4Life and Fuse Camp at the Exploreum. Since its formation in 2012, Fuse Project has raised a total of \$300,000 in an effort to support numerous causes that promote health, fitness, education and social responsibility to further benefit children along Alabama's Gulf Coast. Fuse Project has plans to grow beyond the annual Dragon Boat Festival through a number of opportunities that will engage young professionals with unique and creative fundraising events. ❖

AFTER HOURS

(continued from Page 04)

follow *Burnt with Room*, a film about a young woman who was kidnapped and locked in her neighbor's shed. She has a son, Jack, and we find them trying to get free. Showing November 13 - 23. Ending the month is *Suffragette*, starring Carey Mulligan, Helena Bonham Carter, and Meryl Streep, and centers on early members of the British women's "right to vote" movement in the late 1800- early 1900's, with showing starting November 25. Film trailers, tickets and info can be found at www.crescent-theater.com.

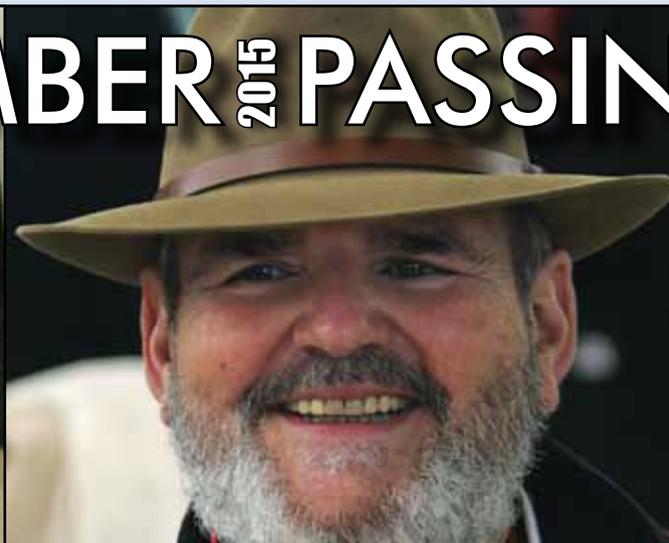
The Saenger has the Mobile Symphony Youth Orchestra, made up of young people also currently playing in our area high school band programs, performing on November 8. They are followed on November 13 with the live comedy show, *Nephew Tommy*. November 21 and 22, Mobile Symphony Orchestra presents *Morning and Night: Beethoven & Blue Jeans*. For more info on activities at The Saenger, go to www.mobilesaenger.com.

Mobile Civic Center is active in November starting with the Mobile Ballet's performances of *Snow White* on November 07 & 08 in the Theater. On the 7th, American Idol winner and eight time Grammy nominee, Fantasia will perform in the Civic Center Arena. November 14 will see *Tween Stars Live*, and the Civic Center closes the month with the 32nd Annual Mobile International Festival. For more information and tickets, go to www.mobilecivicctr.com or www.mobileinternationalfestival.org.

Soul Kitchen will also be busy in November. On November 06, see *Filibusta*, then November 14, bring your friends and make new ones at the *GlowRage Paint Party*. November 21 will have Gainesville, FL's alternative rock band, *Sister Hazel*, in the house and they end their month with *Ivan Neville's Dumpstaphunk*. For more information and tickets, find them on Facebook at <https://www.facebook.com/SoulKitchenMobile>. ❖

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SEPTEMBER ²⁰¹⁵ PASSINGS



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Prostate Cancer



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CREATOR OF KC MASTERPIECE
BARBECUE SAUCE



WILTON FELDER-75
SAXOPHONIST
The Crusaders



BRUCE HYDE-74
ACTOR
Star Trek
Throat Cancer



LINDY INFANTE-75
NFL COACH
Pneumonia



MARTY INGELS-79
ACTOR
Stroke



KOOPSTA KNICCA-40
RAPPER
THREE 6 MAFIA
Stroke



JOAN LESLIE-90
ACTRESS
SERGEANT YORK



DAVE MEYERS-62
BASKETBALL PLAYER
UCLA, Bucks
Cancer



MAUREEN O'HARA-95
ACTRESS



SIDNEY PHILLIPS-91
MOBILIAN
MARINE/PHYSICIAN/AUTHOR



ERIK RONER-39
EXTREME SPORTS ATHLETE
Skydiving Collision



LARRY ROSEN-75
JAZZ PRODUCER
Brain Cancer



BILLY JOE ROYAL-73
SINGER
Down in the Boondocks



FLIP SAUNDERS-60
NBA COACH
Lymphoma



ALTEE TENPENNY-20
COLLEGE FOOTBALL PLAYER
Alabama Crimson Tide
Traffic Collision



NEAL WALK-67
NBA PLAYER
Suns/Jazz/Knicks



CORY WELLS-74
SINGER
Three Dog Night



JAMIE ZIMMERMAN-31
DOCTOR/REPORTER
ABC News
Drowning

EXPRESSIONS: RIGHT OR WRONG

Lisa Johnson — A Poet and Writer who lives in Mobile



Have you ever put your foot in your mouth? Once the words roll off your tongue, there's no way to retrieve them. It can be trying to hold our tongue, especially when someone has uttered very hurtful words towards you. There are a number of situations that can arise to cause a person to say such things. Although it can be trying not to respond back with unkind words, I suggest you consider the following scenarios before replying. Job scenario: Prior to coming to work, maybe your boss or co-worker was up all night caring for a sick child, spouse, or parents. On the drive to work, a thoughtless driver who was probably texting nearly runs them off the road thus causing their coffee to spill. Unfortunately due to being stressed, you are the first person that they unload all their frustration. Children scenario: Peer pressure can be stressful. So at school, your child has had to endure bullying, name calling, pressure to have sex, or to use drugs. Trying to fit in or find their place can be difficult. So at home you ask them to do something and when they don't you began to berate them which causes them to feel angry and hurt because not only are they being put down at school but now they're receiving the same treatment at home; so they began to lash out to the person closest to them. Relationship scenario: Perhaps your spouse has had a rough day at work, what could possibly go wrong went wrong. Then there's the pressure to meet a certain deadline and their boss may be breathing down their back to get it done or threaten to fire them. Of course most men don't like to talk about their workday especially if being the breadwinner is jeopardized and now they have to worry about how they can provide for their family who looks up to them. Finances can be another subject where more money is going out than coming in thus creating anxiety and tension.

The list of scenarios can go on but the way we choose to handle each situation, determines what comes out of our mouth. I was raised to think before you speak. Sometimes it's easier said than done. Quite often we know before the words roll off our tongue whether or not it's going to hurt the person's feelings. Perhaps it would be good to inquire as to why a particular statement was made especially since it might be out of character for your family member, co-worker, boss, child, or whomever to lash out at you. (Proverbs 15:1, 2, 4, 14, 18, 23, 28; Ecclesiastes 7:8, 9). ♣

LOCK'N (continued from Page 07)

Keller always knows how to brighten up the place whether he is providing some exciting tunes or his witty humor (for example, his 9lb 7oz baby Jesus reference had me laughing out loud). The early evening performances by Fishbone, the Oh Hellos, St. Paul and the Broken Bones, and Slightly Stoopid went well and transitioned smoothly to yet another exciting night. After that, it was Trombone Shorty & Orleans Avenue, Gov't Mule, Widespread Panic, and Robert Plant & the Sensational Space Shifters to tie up the weekend. My personal favorite of the day was the Keller show, but I was surprised at how much I enjoyed the Robert Plant & the Sensational Space Shifters show. Their work was really intriguing and it was combined with a fair amount of old Led Zeppelin covers. I've seen many bands cover Zeppelin, some better than others, but the one thing that is the hardest to recreate when covering Zeppelin is Plant's voice. Saturday night we had the best depiction of this, Plant himself singing the old Zeppelin covers, which put at rest a phenomenal weekend.

All in all, the weekend was an absolute great time in Arrington, Virginia even with some rough weather. The organization was great, from all angles within the venue. We were all bummed about missing a day, but that was ultimately a great executive decision and all went well. The security and staff handled matters professionally and smoothly, and the side stages at the venue provided some unforgettable performances. The tunes were three days of extraordinary music, ranging from multiple styles of jamming. One thing for certain is that I am already looking forward to next year's festival! ♣

THINKING OUTSIDE OF THE BOX



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Hey Guys, Get a Clue!!

By now, you heard about the hoopla regarding the new Star Wars movie, Episode VII: The Force Awakens.

The movie is due to open on December 18, but it's not the movie I want to talk about. Sure, the movie has quite a few of the main characters from the first Star Wars movie that came out in 1977—Harrison Ford, Carrie Fisher, and Mark Hamill, among others.

Then, there are Lupita Nyong'o, John Boyega, and Oscar Isaac. Nyong'o and Boyega are Black, while Isaac has Guatemalan and Cuban ancestry, according to CNN.

But what I want to talk about is something that came up in the aftermath of the trailer for the movie — a small group of internet trolls who tried to stir up a big mess by claiming that Episode VII: The Force Awakens was, in their words, 'anti-white' and 'promoted racial genocide.'

Now, I'm in my early 60s, and by now you would think that I wouldn't be thinking about this nonsense. But it never ceases to amaze me how the human mind thinks. I mean after all, a bunch of idiots behind a keyboard typing up crazy stuff just to get people mad is not really worth the time of day.

Or is it?

One has to realize that this is 2015, and though things have supposedly changed for the better, in many ways they have not. There are the same old problems, and some feel that they never really have gone away—they were just taking a breather until the next generation of bigots had the gumption to stir things up.

And with that, the type of racist filth coming out of their mouths—as well as their fingers—is enough to make anyone who had to deal with the sting of racial discrimination and marginalization very angry, indeed. When these individuals use a mere movie to talk a lot of racist smack and get under people's skin, then things are really ticked up a notch.

Yeah, we can just laugh it off and think it will go away. To their credit, fans of the movie who saw the racist diatribes went ballistic and gave the internet trolls pieces of their minds. I'm glad they did, because at least there are some people in the world who will not put up with that kind of nonsense.

But a bunch of immature racists putting down a movie because of the racial makeup of its cast is part of a bigger problem. That problem is this: After all these years, African-Americans are still marginalized and not treated with respect. All too often, there have been those who have used some of everything, including the color of law, to make African-Americans feel less than human, and they should be called out at every turn.

And although I will be the first to tell you that no amount of education will cause these individuals to change their ways, I feel that the answer to something like that is to stand strong and refute them at every turn. After all, one has to confront racism head on—we simply can't ignore it and hope it goes away. ♣



John Boyega

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MARKETING YOUR WAY TO SUCCESS

Nathaniel Patterson...Managing Partner, The Patterson Group.
He writes to empower people with effective marketing strategies that increase business development, awareness and enhance personal lifestyles.
To contact Patterson, call 888.599.5502 or connect with him on LinkedIn.



The Art of Positioning-Part 2

According to the United States Census, the State of Alabama has over 170,000 businesses. The majority (125,000) have less than twenty employees. Combine this with a global economy, where a business can compete for local dollars from England or Ghana – there is a lot of competition. The question which needs to be answered is: how does one differentiate their business from thousands of others? The answer is positioning.

Positioning is the art of influencing a potential client/consumer mind to view your company, product/service within a specific niche. Do not confuse this strategy with branding, which is essentially establishing how you want client/customers to perceive your organization products & services. Positioning is the foundation which branding sets a viable perception and an engaging personality.

Accurate research is vital to the success of this process; primarily in establishing the audiences or segments that you will target. It is easy to remember your primary and secondary markets. Yet, there are tertiary markets inclusive of people who influence others such as employees, friends, media, trendsetters and volunteers. In addition, your competitors need to be analyzed for their position statements, strategies, successes and failures.

There are several strategies you can utilize to establish your small business position:

1. **BENEFIT** (*my fav*) — How does the client/consumer benefit from your product/services (convenience, need, prevention, savings, status, time)?
2. **AFFINITY** — Align your product/services with engaging and relevant loyalties, i.e., Buy American, Veteran Owned or collaborating with non profit organization
3. **CUSTOMER SERVICE** — Providing excellence in service.
4. **CLEANLINESS** (*no clutter*) — This invites people to stay longer.
5. **FUNCTIONALITY** — What does the product/service do?
6. **TRENDY** — Newest must have product or service.
7. **PRICE** — Moderate pricing of luxury products or competitive low pricing. Be cautious about low pricing. Clients/Consumers who seek low pricing are always shopping for lower. Ensure you are profitable.
8. **SIZE OF COMPANY** — Small companies can be more flexible and relationship oriented.
9. **GEOGRAPHIC** — Local vs. out of town can be an advantage. Same as retailer vs. online business.

Be mindful that the same steps you utilize to position an organization can be utilized to position an individual. Ensure you make positioning an essential step in your marketing process. Continued success! ❖



LAUGHTER

I AIN'T THE ONE!!!

When the lodge meeting broke up, Willie confided to a friend. "Leroy, I'm in a terrible pickle! I'm strapped for cash and I haven't the slightest idea where I'm going to get it from!" "I'm glad to hear that" answered Leroy. "I was afraid you might have an idea you could borrow it from me!" ☺

GROWN FOLKS TALK!!!

A group of kindergartners were trying to become accustomed to the first grade. The biggest hurdle they faced was that the teacher insisted on no baby talk. "You need to use 'big people' words," she reminded them. She asked Chris what he had done over the weekend. "I went to visit my Nana." "No," she said, "you went to visit your GRANDMOTHER; use big people words!" She then asked Mary what he had done. "I took a ride on a choo-choo." She said, "No, you took a ride on a TRAIN; use big people words." She then asked Little Leroy what he had done. "I read a book," he replied. "That's WONDERFUL!" the teacher said. "What book did you read?" Bobby thought about it, remembered what she said about using big people words, then puffed out his little chest with great pride and said, "Winnie the S#@t!!!" ☺

EXPAND YOUR KNOWLEDGE!!!

An elderly couple, Willie Mae and Leroy, were at home watching TV. Leroy had the remote and was switching back and forth between a fishing channel and the porn channel. Willie Mae became more and more annoyed and finally said, "For God's sake Leroy, leave it on the porn channel. Hell, you know how to fish!!!" ☺

I WANT WHAT SHE'S HAVING!!!

Willie Mae and Carol, both in their late 80's had lived in the same Senior Retirement Home for 15 years. One morning they met at the elevator on the way to breakfast. "Carol," said Willie Mae, "you are not going to believe what I am going to tell you." "What? Did somebody die?" said Carol. Willie Mae answered "No, I was out walking my dog at 5 o'clock this morning and I bumped into that that new fellow coming out of Hattie Smith's room, carrying his shoes. "Oh, my heavens. What did you do?" said Carol. Leaning over and whispering into Carol's ear, Willie Mae said, "Child, I gave that man my room number. ☺

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